





WHAT'S ON THE MENU?



GEO Prep Academy: March Breakfast menu

Monday	Tuesday	Wednesday	Thursday	Friday
	 Locally Grown  Vegetarian	1 Apple Frudel Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice	2 Mini Pancakes Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice	3 Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice
6 Donut Bites With Powdered sugar Banana Assorted Cereal Honey Graham Crackers Assorted Fruit Juice	7 Salsa Cheddar & Ham Bagel topper Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice	8 Blueberry waffles Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice	9 Sausage Biscuit Assorted Cereal Honey Graham crackers Fresh Whole Fruit Assorted Fruit Juice	10 Grits & Eggs Pancake stick-Mid City Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice
13 Banana Muffin Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice	14 Berry Parfait Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice	15 Cini. Mini & Syrup Assorted Cereal Sliced Whole Grain Toast Fresh Whole Fruit Assorted Fruit Juice	16 Cinnamon Oatmeal Whole wheat Toast Assorted Cereal Fresh Whole Fruit Assorted Fruit Juice	17 Breakfast pizza Assorted Cereal-MC Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice
20 Cinn-Mini French Toast Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice	21 Chicken Biscuit Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice	22 Apple Frudel Assorted Cereal Sliced Whole Grain Toast Fresh Whole Fruit Assorted Fruit Juice	23 Mini Pancakes Assorted Cereal Sliced Whole Grain Toast Fresh Whole Fruit Assorted Fruit Juice	24 Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice
27 Pancake on the stick Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice	28 Oatmeal CC Bar Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice	29 Maple waffles Assorted Cereal Sliced Whole Grain Toast Fresh Whole Fruit Assorted Fruit Juice	30 Sausage Biscuit Assorted Cereal Sliced Whole Grain Toast Fresh Whole Fruit Assorted Fruit Juice	31 Blueberry muffin With yogurt Assorted Cereal Honey Graham Crackers Fresh Whole Fruit Assorted Fruit Juice